

# EARTH ENERGIES HARMFUL TO HEALTH & DOWSING FOR FOOD ALLERGY AND INTOLERANCE

*by Harold Lipman*

## **Earth Energies Harmful to Health**

It is well known that the Earth has a magnetic field. That this invisible energy can affect matter is also well known and easily demonstrated as for example in the deflexion of a compass needle.

That there are other energies associated with the Earth which can be potentially devastating, both mentally and physically, to those whose dwellings are unfortunately situated is less well known.

It has been claimed that these energies may sometimes be associated with the onset of disease. Some may experience most unpleasant sensations in the head, sleeplessness, restlessness, muddled-thinking, inability to concentrate, short-temper and irritability that may put relationships under considerable strain, markedly increased reaction to food allergy/intolerance and the worsening of prevalent health problems.

Individual sensitivity to the phenomena varies greatly — and unhappy can be the lot of a sensitive person in a household otherwise unaware.

I find that my ability to dowse is very quickly affected. Perhaps those who watched the television programme — “Donovan the Diviner” will recall that he used a special device to block interference from other energies when he was dowsing for water — and his reference to a place where he had regularly fallen from his bicycle.

There was also recently reported a stretch of road on the continent with a high incidence of accident which, despite the attempts of Police and Highway Authorities was only reduced to an average level when disturbing energies associated with underground water were detected and neutralised.

Dowsers working in this field can sometimes block or divert these energies — but not always permanently.

Some examples of methods used by dowsers are:—

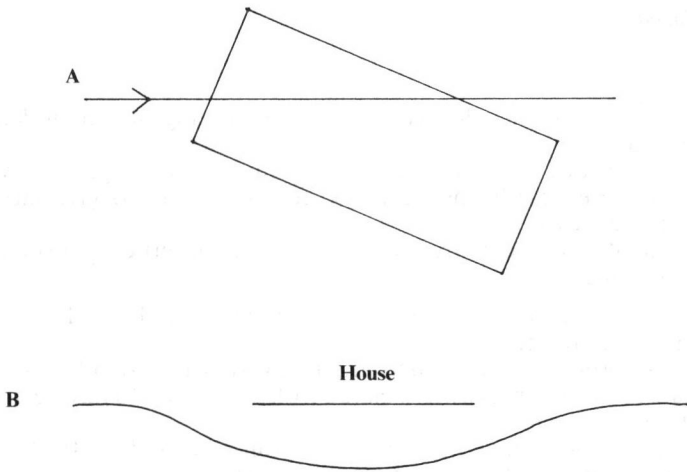
- (1) to hammer an iron rod into the centre (width) of an energy line outside an affected building — and if the line is subject to reverse, also at a point which takes account of this.
- (2) as above but using wooden posts wrapped around with copper wire.
- (3) to divert the line around the house — with or without a protective barrier of quartz.

There is not always enough room to effect a “sideways” diversion and the tension on a diverted energy line may be severe with a tendency for the line to revert at every opportunity — moon phases, change of direction, iron and steel objects such as a wheelbarrow being placed on the ground over it.

I have found that it is sometimes possible to divert an energy line underneath a property at a depth sufficient to free the property of ill-effects.

To do this I have constructed a model using a 1/1250 ordnance survey plan — of course any convenient scale can be used — and either copper wire fixed to a strip of card — or a strip of card painted copper colour to represent the new path of the energy being diverted. The strip is looped under the plan and fixed into position. (Diagram 1) The depth of the diversion is ascertained with the help of the pendulum asking, for example, what is the minimum depth on the plan to which this energy line must be diverted to render the buildings above free from any ill-effects . . . 1/2"?. . . 1"?. . . 1 1/2"?. . . 2"?. . . The propriety of the method and the width and depth of the strip requires to be checked on every occasion.

**Diagram 1**



**A = Plan view showing path of Earth Line through a house.**

**B = Strip of card representing vertically diverted Earth Line — looped under a plan — same direction as in A — different depth.**

The energy “seems happy” to divert vertically with no change of forward direction.

In an instance where there was disturbing energy associated with underground water underneath a vertically diverted earth line I found that it was possible to direct the “water energies” down to the earth line using the same model — the water energy — (dowsed Negative) seemed happily and firmly attracted to the earth line energy (dowsed Positive).

The water energy then seemed to run with the diverted earth line and the house was freed from the ill-effects of both.

On a scale of 1 to 10 “harmful to people” the incoming line gave a count of 8, deep water energy 8, — outgoing line 8 (showing no increase in harmful effect) Diagram 2.

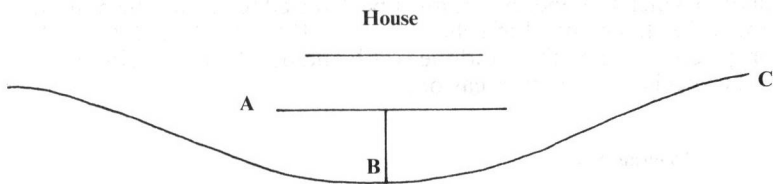


Diagram 2

- A = Card — may be coloured blue — representing surface of deep water.
- B = Strip of card — coloured copper taking “water energies” down to diverted earth line. (May be folded zig-zag to give more surface area.)
- C = Strip of card — coloured copper representing vertically diverted earth line.

In each case the propriety of the method should be checked — and the depth required etc. . . .

It is important that the earth line is diverted to a depth that is adequate to enable energies associated with deep water to be directed *down* to it.

A Diagram — such as 1 or 2 may sometimes be used to effect the diversion — perhaps temporarily, until a model can be constructed.

In this instance the diversion held very happily for about nine months. The “harmful to people” energy line then shifted away from the house. This should have been cause for rejoicing, but the energy associated with the water was then left “up in the air”!

Whatever the method of blocking or diverting earth energies using a plan or model, it is probably the authority of the dowser which is

as important as the method itself, and whilst not always being appropriate the method of vertical diversion may perhaps prove to be a useful dowsing tool.

Whatever action is taken I believe it is important to check that it is applicable and will not bring harm to any individual or to the planet.

Interestingly there have been times fairly recently when I found that neither the underground diversion method would hold for above half a day in a location where generally it had been successful — nor would any other method that I tried to control earth energy/“deep water” energy seem to hold.

This situation obtained for about ten days and then a major earthquake was reported.

The next time the energies went out of control a friend asked if this could mean another major earthquake somewhere in the world — I had not considered this possibility but again a major earthquake was reported.

This happened on two subsequent occasions and both times a major earthquake was reported.

The people living in the affected house spent most of these periods sleeping in a caravan — fortunately parked on a beneficial earth line!

I accept that nothing more than coincidence might have been involved but I hope the Society may want to do some research nevertheless.

When monitoring a number of “harmful to people” energy lines — I observed that, as regards date that direction reversed, the lines fell into sets — i.e. all in Set A changed on same date. All in Set B changed on the same date — different from Set A.

Sometimes the direction of flow reversed more than once on the same day.

The purpose of the monitoring was to check any coincidence with moon phases — during the time I checked — which could have been an exceptionally erratic one — I noticed no obvious relationship between date of change and phase of moon — the power of lines on different dates was not checked.

Here again I think further research may prove to be worthwhile.

Harmful to people earth energies — although potentially damaging — are not evil, as electricity with its lethal potential is not evil but like electricity they are not to be treated carelessly or their potential ignored.

As healing energies encourage the mind and body to move towards healing so these energies make easier the transition to DIS-EASE in all its forms.

Perhaps in a more enlightened age, Local Authorities will consider earth energies in granting consents for building, and any house buyer will require a report on earth energies as well as damp courses and drains. Whilst, in the holistic treatment of disease, environmental

factors, including the possible presence of harmful earth energies, will be investigated.

### **Dowsing for Food Allergy and Intolerance**

Many people are sensitive to one or more foods and may suffer a variety of adverse reactions which may include:— excessive tiredness; irritability; stomach pain; headaches; reduced concentration; depression; skin rash and irritation etc., etc.

Dowsing with a pendulum is a quick and effective way of ascertaining if a food is incompatible.

The usual dowsing indication of compatibility is for a pendulum to circle in a clockwise direction when it is held over the food being tested and also to circle in a clockwise direction when it is held over the hand of the person being tested.

If the food and the hand are brought in close proximity the pendulum will swing in a continuous clockwise circle over hand and food.

Incompatibility is usually shown by a clockwise circle over the food changing to an anti-clockwise circle over the hand.

If the hand and the food are brought close together and the pendulum is moved slowly from food to hand and back again the pendulum will follow the line of a figure eight.

The circle and figure eight respectively provide a very clear indication of compatibility and incompatibility.

In some cases the incompatibility is with only one food or one group of foods and leaving this out of the diet can sometimes bring about a remarkable and speedy improvement, a return of symptoms only being noted when the suspect food has again been eaten.

An instance that comes to mind is of a lady who had suffered very severe stomach pains. She had to take a white palliative liquid after meals and at times the pain was almost unbearable. Extensive hospital tests had not shown any cause for her symptoms.

Dowsing with a pendulum showed that gluten was incompatible and when this was eliminated from the diet the results were little short of miraculous — no more white liquid — no more pain — a new lease of life and vigour.

At first eating any quantity of a food which included gluten resulted in a return of the symptoms but after a period of some six months of abstention she found that she could reintroduce these foods in small quantities without a recurrence of symptoms.

Some unfortunate people are sensitive to many foods and here the situation can be much more difficult.

A basic dowsing test for food compatibility like the M.o.T. test for a motor car can only give an indication at that moment in time.

A food may show as “Yes” compatible but if any quantity is eaten it may become a “No” incompatible.

In those cases where many foods are “No” or become “No” if any

quantity is eaten — (and the “any quantity” can vary from a teaspoonful — a quarter of a slice of bread to several good helpings) and particularly where the diet is restricted by vegetarianism or veganism, it can be advantageous to teach the unfortunate owner of the sensitivities and resulting symptoms to do the basic dowsing involved in food testing.

I believe that a majority of people could fairly quickly learn this basic form of dowsing.

It quickly becomes clear that no one food is good for everyone and the label “health food” is no guarantee of compatibility.

A person whose incompatibility is gluten, for example, would fare badly on wholemeal bread but might occasionally manage half a slice of very white bread!

A breakthrough came for us when we found that in severe cases it could be necessary to check not only that a food was compatible at a given time but also to check how much could safely be eaten at that time.

Obviously these extreme procedures would only be undertaken if the symptoms were so intrusive a normal life could not be enjoyed.

A pitfall is to find a few foods that are “Yes” and to eat so much of them that they become “No”.

As great a variety of foods (and drinks) that are “Yes” should be included in the diet — perhaps eaten in fairly small quantities — and where possible including a wide variety of fresh fruit and vegetables.

Experience (and the pendulum) will show what interval of time should elapse before a particular food may be safely repeated.

It is possible that stress may aggravate sensitivity/symptoms and this may need to be reduced. In some cases additional vitamins and minerals and/or a course of digestive enzymes may be indicated.

Where the degree of sensitivity is less it may be sufficient to merely increase the consumption of “Yes” foods and reduce the consumption of “No” foods.

A list of foods that would be compatible with everyone would be very short — I cannot think of any! Similarly a list of foods universally incompatible would be no longer.

Food tolerance/intolerance is a very individual reaction. However examples of items that do crop up fairly often as incompatible would include gluten, sugar, dairy products, egg whites, coffee, tea, red wine and tap water! . . . but meat, poultry, fish, vegetables, fruit, nuts and pulses also include items that will not be compatible with some people.

If for example sugar is an item to be avoided one must remember that it can be found in numerous food preparations, e.g. canned fruits, baked beans, breakfast cereals, jam, ice-cream, cakes, biscuits, sweets, chocolate etc., etc. . . . — but there are often sugar free alternatives available!

In addition to foods, there can be sensitivity to external stimuli.

Some cases of asthma and eczema, for example, can be initiated or worsened by incompatible foods and external irritants.

Samples of external irritants can be tested in the same way — movement in a clockwise circle indicating no adverse sensitivity and a figure eight — or any change of direction from sample to hand — an adverse sensitivity.

Whilst foods and other intolerances can account for many distressing symptoms it is always sensible to seek medical advice in order that the possibility of other causes for these symptoms may be eliminated — it is in any event often only after medical tests have not shown a cause for symptoms that an investigation into the possibility of food intolerance is undertaken.

### 1. WHAT WENT WRONG?

You have dowsed a food as compatible — you eat it — you feel rotten — what went wrong?

- (a) Did you check that the quantity you ate was not excessive?
- (b) Did you dowse with an open mind — with *no opinion* as to whether the food would be compatible or not? (Any prior opinion as to the result can make dowsing ineffective.)
- (c) An inexperienced dowser may find it difficult to get an accurate result on a borderline item.
- (d) Could the food have been incompatible — but contained a vitamin or mineral that was so needed that on balance you got a “Yes”?
- (e) Is the place where you are dowsing adversely affected by “negative energies”? Do you feel better when you are out of the house — or in a different room?

### 2. QUANTITIES

Basic dowsing — put a quantity on plate — is this compatible — if “No” — reduce quantity and try again!

### 3. How strong is the “Yes” compatible, “No” incompatible? Sometimes the strength of the swing will give an indication.

At a slightly higher level of dowsing check on a 1 to 5 scale — Compatible and a 1 to 5 scale — Incompatible.

Whilst it is most likely that “5 bad” foods will stay bad for a considerable time other readings may change according to what foods have been eaten recently — levels of stress etc., etc.

As regards compatibility and quantity there are more sophisticated techniques available at higher levels of dowsing but I think a description of these would not be useful in an introductory article such as this.